1. A chair mounted back support system comprising:

a support belt, said support belt having a center portion and having a first distal end and a second distal end;

means of attachment of said first end to said second end;

a tether having an attachment to said support belt at a first tether end and having a second tether end; and

means of attachment of said second tether end to the rear of a chair;

said support belt securable around the torso of a user in an attached position, by attachment of said first distal end to said second distal end; and

said support belt providing a means to restrain the forward lean of said user when said user leans away from said rear of said chair.

2. The chair mounted back support system of claim 1, additionally comprising:

said support belt having a first side surface defined by the area of said support belt between said first distal end and said center portion;

said support belt having a second side surface defined by the area of said support belt between said second distal end and said center portion;

at least one elbow support; and

means of attachment of said elbow support to said support belt to at least one of said first side surface or said second side surface of said support belt.

3. The chair mounted back support system of claim 1, additionally comprising:

means to bias said tether first end towards said rear of said chair.

4. The chair mounted back support system of claim 2, additionally comprising:

means to bias said tether first end towards said rear of said chair.

5. The chair mounted back support system of claim 1, additionally comprising:

said means of attachment of said second tether end to the rear of a chair comprising:

a fastener, said fastener having a first half attached to said second tether end;

said fastener having a second half, said second half secured to said chair; and

said first half removably engageable with said second half.

6. The chair mounted back support system of claim 5, additionally comprising:

said tether attachable to a plurality of chairs;

each of said plurality of chairs having a second half of said fastener secured thereto; and

whereby said support belt in said attached position is removably attachable to any of said plurality of chairs allowing said user to move between any of said plurality of chairs and attach said tether thereto without removing said support belt from said attached position.

7. The chair mounted back support system of claim 2, additionally comprising:

said means of attachment of said second tether end to the rear of a chair comprising:

a fastener, said fastener having a first half attached to said second tether end;

said fastener having a second half, said second half secured to said chair; and

said first half removably engageable with said second half.

8. The chair mounted back support system of claim 3, additionally comprising:

said means of attachment of said second tether end to the rear of a chair comprising:

a fastener, said fastener having a first half attached to said second tether end;

said fastener having a second half, said second half secured to said chair; and

said first half removably engageable with said second half.

9: The chair mounted back support system of claim 4, additionally comprising:

said means of attachment of said second tether end to the rear of a chair comprising:

a fastener, said fastener having a first half attached to said second tether end;

said fastener having a second half, said second half secured to said chair; and

said first half removably engageable with said second half.

10. The chair mounted back support system of claim 2, additionally comprising:

an elbow support having a top surface, said top surface adapted for support of an elbow; and

means for angular adjustment of said top surface.

11.. The chair mounted back support system of claim 2, additionally comprising:

an elbow support having a top surface, said top surface adapted for support of an elbow; and

means for horizontal adjustment of said top surface whereby said top surface may be translated toward or away from said center portion of said support belt.

12. The chair mounted back support system of claim 10, additionally comprising:

means for horizontal adjustment of said top surface whereby said top surface may be translated toward or away from said center portion of said support belt.

13. The chair mounted back support system of claim 2, additionally comprising:

said support belt having a top edge and a bottom edge; and means for vertical adjustment of said top surface toward and away from said top edge.

14. The chair mounted back support system of claim 10, additionally comprising:

said support belt having a top edge and a bottom edge; and means for vertical adjustment of said top surface toward and away from said top edge.

15. The chair mounted back support system of claim 12, additionally comprising:

said support belt having a top edge and a bottom edge; and means for vertical adjustment of said top surface toward and away from said top edge.

16. The chair mounted back support system of claim 2, additionally comprising:

means to rotate said elbow support toward and away from said support belt from an attachment point thereto.

17. The chair mounted back support system of claim 10, additionally comprising:

means to rotate said elbow support toward and away from said support belt from an attachment point thereto.

18. The chair mounted back support system of claim 11, additionally comprising:

means to rotate said elbow support toward and away from said support belt from an attachment point thereto.

19. The chair mounted back support system of claim 13, additionally comprising:

means to rotate said elbow support toward and away from said support belt from an attachment point thereto.

19. The chair mounted back support system of claim 14, additionally comprising:

means to rotate said elbow support toward and away from said support belt from an attachment point thereto.

20. The chair mounted back support system of claim 15. additionally comprising:

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means to rotate said elbow support toward and away from said support belt from an attachment point thereto.

21. The chair mounted back support system of claim 1 additionally comprising:

a torso support plate adapted for engagement with the abdomen of said user; and

said means of attachment of said first end to said second end comprising a means of attachment of said first end to said torso support and said means of attachment of said second to said torso support.

21. The chair mounted back support system of claim 2 additionally comprising:

a torso support plate adapted for engagement with the abdomen of said user; and

said means of attachment of said first end to said second end comprising a means of attachment of said first end to said torso support and said means of attachment of said second to said torso support.

22. The chair mounted back support system of claim 1 additionally comprising:

shoulder straps extending between said center portion of said support belt and said first end and said second end of said support belt.

23. The chair mounted back support system of claim 2 additionally comprising:

shoulder straps extending between said center portion of said support belt and said first end and said second end of said support belt.